

**Bulkley Valley Gymnastics Association**

# **Salto**

# **Competitive Team**

**WOMEN'S ARTISTIC**

**MEN'S ARTISTIC**

## **2019/2020 PRE-COMPETITIVE & CO MPETITIVE PARENT & ATHLETE HANDBOOK**

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## **1.0 INTRODUCTION**

### **1.1 Vision, Mission and Values**

**The motto of the club is “Fun, Fitness, Fundamentals for Everyone.” We work to instill the development of comradeship, social skills and the appreciation and value of physical fitness. As well, to provide opportunities to compete at recreational, pre-competitive, and competitive levels within the structure, rules and regulations of the British Columbia Gymnastics Governing Body.**

#### **Values**

Excellence, Integrity, Respect, Teamwork

### **1.2 Background**

BVGA has been incorporated as a non-profit society since 1995.

BVGA has a Board of Directors that is elected by the membership in accordance with the BVGA bylaws. In accordance with *The Non-Profit Corporations Act* and the Bylaws, the Board is responsible for the governance of BVGA. The Board meets regularly to review and set policy to ensure the orderly running and financial viability of the Club.

The BVGA Parents Handbook contains policies, as approved by the Board. As policies are created or revised, the Handbook is updated.

### **1.3 Club Structure**

For over 24 years, BVGA has provided quality gymnastics instruction for countless children and youth. BVGA provides a variety of programs to youth in the Bulkley Valley and surrounding area. The programs include Recreational classes for toddler, preschool, school classes and home schooling groups.

**Gymnastic BC** is the governing body for artistic gymnastics, rhythmic gymnastics, trampoline and recreational gymnastics.

### **1.4 Board of Directors**

An elected Board of Directors governs BVGA. All Board Members must attend a minimum of 80% of the regular meetings per year to fulfill their obligation and as outlined in their volunteer duties. Elections are held at the BVGA Annual General

Meeting in the fall of each year, Sept 26, 2019. The board consists of a President, Vice President, Treasurer, Secretary and four members at large

### 1.5 Code of Conduct

#### a) Gymnasts will be expected to:

- i. Be on time for class, prepared to work
- ii. Follow the coaches' instructions at all times
- iii. Treat other gymnasts and their coach with respect and courtesy at all times
- iv. Remain with the group unless permission is requested and granted from the coach.
- v. Inform coach of any absence
- vi. Leave all valuable items, such as, cell phones, iPods etc. at home. The club assumes no responsibility for items that have gone missing.
- vii. Keep competitive change rooms clean. Coaches have the authority to have gymnasts tidy up the competitive change rooms at any time if they become unsightly.

#### b) Discipline

- i. Failure to adhere to the Gymnast's Code of Conduct and/or Class Rules may result in temporary removal for an individual class or series of classes.
- ii. If an athlete consistently fails to adhere to the policies stated above, their position with the competitive program will be re-evaluated and a meeting will be called between the coach and the parents. The gymnast may be given a probationary period during which time an improvement in behavior must be shown or the gymnast may be asked to leave the Competitive Program.

#### c) Food

- i. No food or drinks (except a water bottle at appropriate locations) are permitted in the training area or change rooms. Any snacks should be eaten in the athletes table or viewing area. All Gymnasts must respect the club and clean up after themselves. **Junk food** is not allowed during training time. Any athlete caught eating junk food during training will have it taken away.

### 1.6. COMPETITIVE AND DEMONSTRATION ATTIRE

All Competitive gymnasts representing Saltos Gymnastics Club in competitions and demonstrations will be required to have and wear a team competitive uniform and a team tracksuit. For the girls, the competitive uniform is the team long-sleeved competitive leotard. For the boys, the competitive uniform is the team singlet and shorts. Longs are mandatory for male athletes competing Level 4 and higher and are recommended for all levels when possible.

Due to the length of time to custom make these suits; all orders are taken in September. Clothing may not arrive until the end of December. Please keep in mind that athletes grow and parents may need to consider this when ordering.

## 1.7 Vacation

Modified training for Competitive athletes may be offered over Christmas and Spring Break. Parents wishing to remove their child from training during these times should be aware there is no waiving of fees for missed classes. Weekly summer training is offered and is not included in your yearly fees. The monthly payment option for program fees is offered for member convenience only and does not reflect the actual monthly cost of the program.

## 1.8 Attendance

**Daily training is based on instruction and attendance is critical to success. Being absent may hinder your child's progress and advancement to higher-level skills. We cannot continually review the previous day's lessons for the absent child; it is unfair to the other athletes. Athletes MUST be on time for class, and should arrive 10 minutes early to prepare for class. If the child cannot attend a class, they MUST phone the office and leave a message or text her coach. All athletes must remain seated in the spectator area or in the change room prior to class time. Coaches will call classes to the floor area at the appropriate training time. Also please advise if you will be late to pick up your child, or let your child's coach know prior to the start of class. Child care fee will apply if consistently late.**

## 1.9 Coaching Philosophy

### SALTOS GYMNASTICS COACHING PHILOSOPHY

Every student of the gymnastics club deserves a dynamic educator who is highly trained, ethical and highly motivated. These Coaches will understand the vital role that they play in every child's well-being. To this end, Saltos Coaches will be expected to establish a dedicated classroom atmosphere based upon mutual respect, mutual responsibility and mutual accountability.

Saltos Coaches will always act as TEACHER first and their primary responsibility will be to actively engage, inspire and enhance the potential of each of their students.

## 2.0 SALTOS COACHES CODE OF CONDUCT

1. The Coaches are expected to act like professional instructors. They will:

- \*Plan Lessons
- \*Always arrive at least 15 minutes early for Class
- \*Actively engage students in the lesson
- \*Not discuss individual athletes/families in public forum
- \*Set high standards and monitor behaviour and progress/regress.
- \*Present annual or bi-annual report cards
- \* Maintain a collegial relationship with other staff and office administration
  
- \* Formal parent communications must be in the form of a scheduled meeting

**2.0.5 ATHLETES WILL NOT BE ALLOWED TO HAVE CELL PHONES ON THE GYM FLOOR OR IN THE CHANGING ROOM. COACHES WILL COLLECT PHONES AT BEGINNING OF TRAINING, AND THEY WILL BE RETURNED AT THE END.**

**2.1 SELECTION FOR PRE-COMPETITIVE AND COMPETITIVE PROGRAMS**

Parents who are interested in having their child(ren) evaluated for placement in these programs are welcome to complete an Application for Trial and turn it into the office. The appropriate coach will contact the family. Coaches also “scout” our recreational athletes for potential competitive athletes.

The evaluation is brief and performed in a professional manner. When it's completed there is an opportunity for you to discuss the future placement of your child in our competitive programs. You and your child are given a trial period for further evaluation and to give you the opportunity to see if a competitive program is for you.

**2.2 Placement in training groups**

Gymnasts are placed in a group with children of similar age and skill, where they will be challenged throughout the year. While parents are encouraged to support their children, both the parent and the gymnast must consider factors such as new training hours, family, and financial commitments. **Level placement is the responsibility of the Coach. Athletes who are recommended to move up a level will only be accepted at the new level if the minimum recommended amount of summer training has been attended.**

**Competition levels are the responsibility of the coaches. Athletes may be learning skills for the next level. It is up to the coach to determine the SAFE level that an athlete can compete.**

Gymnasts learn, grow and mature at different rates. This has a direct impact on their development. Do not compare them to other athletes but instead focus on their own personal goals and accomplishments.

**2.3 REGISTRATION PROCEDURE**

The registration package must be completed to enter a program at Saltos. The pre-competitive and competitive program registration forms are available at the office. Athletes returning in September are required to re-register by completing this package.

**2.4 Fees and Commitments**

Saltos is a not for profit organization. In order to keep our fees as low as possible, Saltos requires families to do the many tasks that must be performed in order for the club to provide its programs & operate the facility. We encourage you to

involve all age eligible members of your family to sign up for commitments ( 1 1 years and up only). Exceptions may be requested in writing and must be approved by the Head Coach and Administration prior to the event.

## 2.5 Fees

All fees outstanding from any prior year(s) and/or summer camp(s) must be paid in full prior to acceptance of registration. **All Saltos pre- competitive and competitive fees are on annual fees for a 12 month period June - June**. Competition fees can be made in 12 monthly installment payments. If you choose to pay your fees with credit card then a payment plan will be set up with the office.

**Monthly installments of fees, competition and commitments are due and payable on the 1<sup>st</sup> of each month in advance of training. Statements are provided quarterly and it is your responsibility to report any errors, omissions, or concerns to the office as soon as possible by email.**

NSF checks will result in an administration fee of \$25 and declined credit cards will result in an administration fee of \$10.

If your account is more than 30 days overdue you will be notified by e-mail requesting payment. If appropriate payment arrangements are not made within 7 days **your child will be unable to train or compete until the account is brought to good standing**. Accounts in arrears over 30 days are assessed overdue charges of 2% of the outstanding balance/monthly. Delinquent accounts are eventually referred to a collection agency, taken to small claims court, obtained via liens on assets, or a combination of these actions.

### **Due with your first payment are the following:**

First Monthly installment of fees, competition  
Gymnastics BC fees (beginning at \$96.00 per fiscal year).

Additional costs that may be incurred during the year depending on the athletes training level:

Competition related costs (choreography, Provincials registration fees).  
Competitive gym and team track suits (required for each athlete to compete at meets)

## 2.6 Fundraising

Fundraising is essential in order to purchase new equipment that is much needed for the club. We appreciate the parents' commitment.

Families who complete required fundraising earn 1 hour towards their volunteer hours. Required Fundraising will be in the fall and the spring. There will also be other fundraising events throughout the season to help with equipment purchases. Families must take part in 3 fundraisers throughout the gymnastic season.

## 2.7 VOLUNTEER COMMITMENTS

In order for the Saltos Gymnastics club be successful we must have volunteers. The Volunteer commitment is required of all families. If families chose not to volunteer their time, then cost of competitive fees will be increased for that family. The fees and volunteer hours are outlined below.

Meet Fees and coaches cost include in the 2019/2020 registration. The meet fees reflect the required competitions per level. Excluding Prince George & BC Provincials.

Based on a 12-month payment plan

Group Activity		Option A	Option B	Option C
Pre-Comp #1 Girls (4 hours)	Yearly fee	\$1,540	\$1,290	
	Monthly fee	\$154.00	\$129.05	
	Rebate Hours	0	10	
WAG Boys JO 1-2 (6 hours)	Yearly fee	\$2298.00	\$2048.00	\$1923.00
	Monthly fee	\$229.80	\$204.80	\$192.30
	Rebate Hours/per year	0	10	15
WAG Boys JO 1 - 3 (8 hours)	Yearly fee	\$2,853.85	\$2388.85	\$2153.85
	Monthly fee	\$285.35	\$238.88	\$215.38
	Rebate Hours/per year	0	15	20
JO4 Girls/P1 Boys (9 hours)	Yearly fee	\$3220.45	\$2970.45	\$2720.45
	Monthly fee	\$322.05	\$297.05	\$227.05
	Rebate Hours/per year	0	20	25
JO5/6 Girls P2 Boys (12 hours)	Yearly fee	\$3883.85	\$3383.85	\$3133.85
	Monthly fee	\$388.38	\$338.38	\$313.38
	Rebate Hours/per year	0	20	30
JO7-9 Girls/ P4+ Boys (16 hours)	Yearly fee	\$4,666.72	\$4166.20	\$3791.72
	Monthly fee	\$466.67	\$416.62	\$379.17



(16 hours)	Rebate Hours/per year	0	20	35
18hr above	Yearly fee	?????		

PLEASE NOTE:

Rebate discounts caps will apply to families as per registration terms

2 children add 15 more volunteer hrs to your total

3 children add 25 more to your volunteer hrs

Please note: Price structure may be subject to adjustments throughout the year, based on changes to athlete schedules as agreed between Head Coach and parent as required.

Discounts with families of 2 or more in the competitive program will be applied at time of registration.

## 2.9 VOLUNTEER JOBS

Sign up for volunteer jobs will be done at Volunteer sign up ( online) through out the Season. It is up to the families to sign up on-line and to record their hours.

**ALL REBATE POINTS MUST BE COMPLETED BY JUNE 30TH. IF YOU HAVE NOT COMPLETED YOUR REBATE POINTS THAT WERE AGREED UPON AT SIGN UP, YOU WILL BE SENT AN INVOICE OF THE REMAINING FEES OWING.**

Types of jobs available:

- Birthday Party supervisor (multiple parties on Saturdays and Sundays)
- Smithers Meets, December & January.
- Cleaning Bees throughout the year.
- Committee (Meets, Fundraising, Banquet,)
- Clubs day
- Fall Fair
- Rejuvenation week

The office will record hours that have been reported on the volunteer sheet and place in the families mail box. This is located in the break room. A quarterly report will be sent out to families showing how many hours they have worked and how many are remaining.

### **3.0 Travel Guidelines**

Prior to the competition, a schedule of times, events, etc. will be handed out so that you will know where your child is to be and when. Please check your mail box, this is where the information will be placed. Please do not refer to the host club website for the competition schedule as this may be a tentative schedule.

Parents are responsible for their own child's travel and accommodation. Coaches will be responsible for the athletes on the gym floor only. When possible, coaches and parents should get together prior to each competition and decide on the hotel and to arrange car-pooling to help cut down on costs.

### **3.1 Competition Behavior and Expectations**

Gymnasts should arrive 15 minutes before timed warm-ups are scheduled to begin.

Speak to the coach regarding appropriate competition snacks. A water bottle is permitted in order to keep the athlete hydrated.

During timed warm-ups and during competition, gymnasts must stay with the coach at the assigned apparatus. The gymnast may only leave the competition area (gym floor) with the permission of the coach and Head Judge.

Gymnasts should be ready to perform when it is their turn to compete. No gymnast should ever approach judges, tabulators, runners or other competition personnel during the competition. Contact should be through the coach.

Gymnasts should not leave the competition until the awards have been presented. Gymnasts must wear their uniform or warm-up suit when receiving awards.

Leave your team's seating area in a neat and clean condition at the conclusion of a competition.

### **3.2 Parents and spectators**

Transportation for the gymnast to and from each competition is the responsibility of the parents.

Spectators (family and friends) are not allowed on the competition floor at any time (unless working at the competition). There should be **no contact** with the gymnasts after warm-ups begin.

Competition is not over until the last gymnast has competed. Please show respect for all the gymnasts by remaining quiet. If seated close to the gym floor, movement to and from seating area should be kept to a minimum.

Please do not distract your gymnast from their concentration by coaching from the stands. It is the coach's responsibility to coach the gymnasts. Please **DO NOT** take flash pictures or videos during warm-up or competition.

Any questions concerning gymnast's scores, results, etc. should be referred to the coaching staff. They, in turn, will pursue the matter through proper channels if the coach feels it's warranted. **Parents should never approach a judge about a score.**

The competition is not over until **ALL** awards have been given out. You are encouraged to stay and show your support to the other athletes and the club.

Remember that your actions and words reflect on the team you represent. **Please do not criticize any facility, equipment, coaches, judges, gymnasts or parents.** It reflects poorly on our club.

### **3.3 PARENT GUIDELINES**

To have a successful program, there must be understanding and cooperation among parents, gymnasts and coaches. The progress your child makes depends a great deal on this relationship. With this in mind, the following guidelines are suggested for parents to enhance their child's gymnastics experience:

1. If parents can offer insight on their child that will enable the coach to work more effectively with the child, please be sure to contact that coach.
2. Please remember that parents should show the encouragement and recognition necessary to help gymnasts feel good about themselves. It is the coach's job to offer constructive criticism of a gymnast's performance.
3. Be enthusiastic about taking your child to practice and competitions, attending club functions, helping at home competitions, etc. Show your child that gymnastics involvement is important to you too.

### **3.4 Parent Meetings (Do we want to put down any parents meetings)**

#### **Sept 26, 2019 AGM: Important for all members to attend!**

During this meeting updates from coaches will be discuss travel and costs, nutrition, program directions and changes, and special events. Please remember that your attendance is vital to receiving all club information first hand.

### **3.5 Family Mailboxes**

**Once your child has registered and paid, you will be assigned a mailbox. These are located in the break room. This is a very important venue, PLEASE remind your gymnast to check their mailbox every class so that important forms are not forgotten. If you have an email address, please check it on a regular basis, as information will be forwarded to you as we receive it. Please advise your children that envelopes addressed to the parents should not be opened by them as it could contain information that is the concern of the parent only.**

### **3.6 Parent Viewing**

We encourage parents to come and watch their child's training, however, please leave the coaching up to your child's coach. Parents wishing to speak with a Coach

regarding their child must arrange for an appointment. Impromptu discussions delay schedules and affect the quality of other athletes' training.

If you have a concern or a problem, please follow the procedures listed below:

**Follow the 24- hour rule**

Talk to the Coach...If not resolved in 24 hours,  
Talk to the Head Coach...If not resolved in 24 hours,  
Talk to and email the Administrator...If not resolved in 24 hours,  
Provide a detailed letter to the Gymnastics Board.

This procedure must be followed if the problem is to be resolved in a timely and fair manner.

**3.7 Personal Property**

It is expected that athletes will respect the personal property of others, as well as that of Saltos. Personal property should not be left in the gym except in lockers. It is recommended that all personal property be labeled with your child's name.

A lost and found box is located in the lobby of the gym. Please check the lost and found on a regular basis. Items not claimed within one month will be donated to charity.

Valuables **should not** be brought to the gym. Any valuable items found by our staff will be kept in the office and returned to the owner upon identification.

Saltos cannot be responsible for lost or stolen items.



## SMITHERS SALTOS 2019/20 COMPETITIVE SCHEDULE

\* Note that this schedule is PROVISIONAL until the GBC finalizes the calendar and sanctions the individual Meets.

<u>Date</u>	<u>Competition</u>	<u>Venue</u>	<u>JO Levels</u>
1. November TBD	<u>Smithers 2 Apparatus Meet</u>	Smithers	All
2. January TBD	<u>Salto and Ski Competition</u>	Smithers	All
3. March TBD	<u>Terrace Peaks Invitational</u>	Terrace	All
4. April TBD	<u>Kitimat Spring Fling</u>	Kitimat	All
5. April TBD	<u>BC Provincial Championships</u>	Port Coquitlam	JO 6 +
6. May TBD	<u>Delta Cash and Carry</u>	Delta	JO 6 +
7. May 5-6 /18	<u>Prince George Invitational</u>	PG	All

### 3.8 PLEASE NOTE:

All competitors are expected to attend a required number of competitions. Review the following 'Competition Attendance Guidelines' for your child's 2018-19 competitive season.

The Head coach may decide to add another meet that is not on the list. The coach will inform athletes who are invited to attend.

**JO1-3 Must attend the two Smithers Meets and a further two Zone 7 Meets.  
JO1-3 Zone 8 meets like Prince George are optional**

**JO4-8 Must attend the two Smithers Meets and a further two out of Zone Competitions:**

( might include PG or BC Prov Championships - **must include Delta Cash and Carry.**  
The JO4-8 athletes are expected to represent our club as a TEAM at the Delta Meet )

**3.9**

**2017/2018 Competitive Schedule**

<b>Group</b>	<b>Sun</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Friday</b>	<b>Sat</b>
PerFormance Plus		3:30 - 6:30				3:30-6:30	
Comp 1 Jr JO 3 & Up		3:30 - 7:30		3:30 -7:30	12:30-2:30	3:30-7:30	
Comp 1 SR JO 6 & Up			3:30 -7:30	3:30 -7:30	2:30-6:30	3:30-7:30	
Comp 2 JO 1-2		3:30 - 6:30		3:30 -6:30		3:30-6:30	

**4.0**

( DO we want to add important dates)

**Important Dates to Remember**

- AGM Sept 12, 2017 - 7:00 pm - 8:30 pm**
- Parent Meeting Oct 19 2017 - 6:00 pm - 8:00 pm**
- Smithers Meet Nov 25. 2017**
- Salto's Christmas party sleep over December 2-3**
- Parent Meeting Jan 17, 2018 6:00 pm - 8:00 pm**
- Smithers Meet Jan 27, 2018**
- Rejuvenation week June 25-30, 2018**

**Have a great competitive season!!**

4.1

## **Parents'/Spectators' Code of Conduct Agreement**

- I will encourage good sportsmanship by demonstrating positive support for all gymnasts, coaches, and officials at every event and practice.
- I will treat officials, coaches, and all gymnasts with respect and avoid ridicule or sarcasm.
- I will praise all gymnasts just for participating, regardless of their athletic skills.
- I will remember to look for positives with all gymnasts.
- I will remain calm when gymnasts make a mistake, and help them learn from their mistakes.
- I will remind all gymnasts to stay positive when things do not go well.
- I will try not to take myself too seriously when it comes to my involvement in youth sports, reminding myself that youth sports are for children, not adults.
- I will remind myself and all gymnasts to laugh and keep a sense of humour.
- I will teach gymnasts by giving them a good example of sportsmanship:  
    Winning Without Gloating and Losing Without Complaining

It is imperative that parents/spectators conduct themselves in a proper manner.

Use of profanity, verbal, or physical harassment towards officials, staff, coaches, or gymnasts, will not be permitted.

**I understand that failure to abide by the policy and the above code of conduct will result in the following:**

- 1) First offence: parents/spectators being asked by a club representative to stop the inappropriate behavior;
- 2) Second offence: parents/spectators being ejected from the activity, competition and/or event;
- 3) Third offence: parents/spectators being banned from all club activities.

**I also understand that physical violence or threats of physical violence will result in an immediate and permanent ban from all league activities.**

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Parent's Signature

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Date

## 4.2

### **Ten Commandments for Gymnastics Parents!**

1. Do not try to impose your ambitions on your child. Gymnastics is his/her activity and your gymnast must progress at his/her own speed. One of the great things about gymnastics is that it does not matter whether you finish first or last, but rather the wonderful lessons each gymnast learns from striving to do his/her very best.
2. Be supportive. Encourage your son/daughter to participate and to strive to do their best. "Did you have fun? What did you learn today? Did you make a new friend?"
3. Be the parent, not the coach. Very special bonds should exist between you and your gymnast. The Coach's task is the technical part; yours is the love, encouragement, support, health and well-being part. Trust your Coach and be a STRONG parent.
4. Acknowledge your child's fears. It is normal to have fears when learning new skills or going to competition. Assure your child that this is normal and that the coach has many progressions for each new skill. Also explain that everyone must learn to compete well.
5. Be positive. Cheer and applaud at competitions. Think and say positive things about the experience; the learning that took place, the new friends, the coaching, the judging.
6. Teach goals other than always having to win. At one age group or level your child will be at the top of the heap; move up and he/she will be at the bottom; there are many uncontrollable factors. Doing his/her best at practice and at the meet is a much better goal. Besides the real competition is with him/herself and the concept of perfection, not against other gymnasts. The other gymnasts may become lifelong friends.
7. Do not expect your child to become an Olympian. There are over 60,000 gymnasts in our country and only 7 are chosen every four years to go to the Olympics. Shoot for a happy, confident, strong, flexible, coordinated, mentally alert, emotionally and physically fit young person.
8. Support your gym. Gymnastics clubs all seem to struggle for survival. Find ways to bring in new students, explore ideas for raising money for new equipment. Give positive suggestions for improvement when you see something that no one else seems to notice.
9. Learn about health and nutrition. Gymnastics is one of the most demanding and difficult of all sports. No one has ever been too strong or too healthy or too much in shape. Help your child to understand the value of eating healthy foods, of getting proper rest, of being physically fit, and of being emotionally strong, yet considerate of others.
10. See the BIG picture. We often tend to see only our own little area and only at the present moment. Look at what is good for everyone all the time. This great sport is also great life training. The discipline of striving for perfection; the discipline of being physically, mentally and emotionally fit; the ability to make quick decisions; the knowledge of what one can



and cannot do; the realism of the competitive aspect of sport; keeping a positive attitude; etc. are all BIG picture items. Enjoy!!!

Adapted from George Henry 2004

### 4.3

#### SALTOS GYMNASTICS CLUB

#### COMPETITIVE TEAM AGREEMENT 2019 – 2020 (TO BE RETURN WITH REGISTRATION FORM)

This is to confirm that we have read and understand the Saltos Gymnastics Club Pre-Competitive and Competitive Team Parent Handbook 2019-20.

I agree to follow the regulations and expectations as outlined in the Handbook.

#### ATHLETE

I, \_\_\_\_\_, have read and agree to follow the athlete's items in the Handbook.

As well, I have initialed that I have read and will follow the following specific items from the handbook:

1.5, 1.6, 1.7, 1.8, 2.2, 3.1 \_\_\_\_\_ (initial)

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

#### PARENT

I, \_\_\_\_\_, have read and agree to follow the parent's items in the Handbook.

As well, I have initialed that I have read and will follow the following specific items from the handbook:

2.2, 2.3, 2.4, 2.7, 2.8, 3.0, 3.1, 3.2, 3.3, 3.6, 3.8, 4.1 \_\_\_\_\_ (initial)

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Further, I realize that to succeed, my child must participate in a variety of activities, many at a financial charge, that are geared to assist in my child's development.

My role will be as a supportive and positive fan, leaving coaching to the professionals.

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Parent's Signature

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Date